

## Back History Form

1909 Vista Drive  
Laramie, WY 82070  
307-745-8851

Lawrence A. Jenkins, M.D.

\_\_\_\_\_  
NAME AGE DATE

1. How did your back or neck pain begin? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Date of injury (if any). \_\_\_\_\_

3. How long have you had the pain? \_\_\_\_\_

4. Where is your pain located? \_\_\_\_\_  
\_\_\_\_\_

5. Please circle the statement which best describes your back or neck pain.

100% BACK, 0% LEG

100% NECK, 0% ARM

75% BACK, 25% LEG

75% NECK, 25% ARM

50% BACK, 50% LEG

50% NECK, 50% ARM

25% BACK, 75% LEG

25% NECK, 75% ARM

0% BACK, 100% LEG

0% NECK, 100% ARM

6. On a scale of 0 to 10, with 0 being no pain and 10 being your worst pain ever, how would you rate your pain?

Today? 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Weekly Average? 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

7. What makes your pain WORSE? \_\_\_\_\_

8. What makes your pain BETTER? \_\_\_\_\_

9. What MEDICATIONS do you take for the pain? \_\_\_\_\_  
\_\_\_\_\_

10. Do you have a history of prior back or neck pain, injury, or surgery? If so please describe. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

11. How far can you WALK? \_\_\_\_\_

12. How long can you SIT? \_\_\_\_\_ STAND? \_\_\_\_\_

13. Any problems with bowels, urinating, or sexual functions? \_\_\_\_\_  
\_\_\_\_\_

14. Type of WORK you do. \_\_\_\_\_

15. Date you last WORKED. \_\_\_\_\_

(over)

NAME \_\_\_\_\_

DATE \_\_\_\_\_

PLEASE GIVE THIS PAPER TO THE DOCTOR AT THE TIME OF EXAMINATION

Mark the areas on your body where you feel the described sensations.  
Use the appropriate symbol. Mark areas of radiation. Include all affected areas.

NUMBNESS \_\_\_\_\_  
\_\_\_\_\_

PINS & NEEDLES oooo  
oooo

BURNING xxxx  
xxxx

STABBING ///   
///   
///

