

## Job Description



**Job Title:** Athletic Trainer  
**Department:** Physical Therapy  
**Report To:** Director of Physical Therapy

## Core Competencies

### Proactive

Anticipatory, change-oriented and self-initiated behavior. Proactive behavior involves acting in advance of a future situation, rather than just reacting. It means taking control and making things happen. Proactive employees generally do not need to be asked to act, nor do they require detailed instruction. Take initiative to see an issue and develop realistic solutions.

### Achieve

Demonstrate effort, skill, or tenacity to reach or attain a desired objective, level of performance or quality of work. Carry out tasks successfully and completely. Attain goals despite difficulty. Able to exert the necessary effort using their own skill set to perform at the highest level desired within our organization.

### Team Conscious

Demonstrate a genuine interest in thoughts and opinions, values, and needs of co-workers. Avoid speaking, writing, or doing other things that could be seen as disrespectful of patients and/or co-workers. Recognize and show respect for the strengths and contributions of others. Work with others to accomplish a common goal or objective.

### Integrity

Act in ways that demonstrate personal reliability, honesty, and care that exhibit integrity and serves as a positive example of why others should trust the motives of our organization. View themselves as a reflection of the organization by following through on commitments and accepting ownership of any mistakes they might make. Leave others with a clear impression that integrity is a core value of Premier Bone & Joint Centers. This is in contrast to individuals who make commitments that go unmet, fail to acknowledge their role in disappointing events, or whose actions (or inaction) leave others with doubts about the level of trust that should be placed in Premier Bone & Joint Centers.

### Excellence

Have the will to win, the desire to succeed, the urge to reach their full potential. We are what we repeatedly do. Excellence is the path chosen to be successful at work. The word excellence is defined as the quality of surpassing the average, possessing high qualities in one's field. It's about developing a winning mindset that says "I want to be great at what I do. I want my personal life and my work to be spectacular." Developing excellence is a deliberate process and takes time, yet it can be developed by creating a personal strategy that will put you on the road to success in life and in the workplace.

### Never Quit

Can always be counted on to go above and beyond what is asked. Always give extra and unending effort and offer support to other team members. Persevere in completing tasks and don't get discouraged or cut short efforts to accomplish goals and objectives. Make and fulfill commitments. Establish a pattern of working independence, always intend to fulfill any promise made, prepare for meetings and other tasks.

## Trust

Believe that someone or something is reliable, good, honest, and effective. Act responsibly for the safety and care of Premier Bone & Joint Centers' patients. One is able to believe that something relayed by this employee, is true or correct even though you do not have proof of it. One is able to have firm belief in the reliability, truth, ability, or strength of this employee. This is an employee that one would put complete faith in and be confident that the integrity of this employee would guide their actions.

## Communication

Communicate effectively, respectfully, and appropriately. Use good judgment as to what to communicate to whom by utilizing the chain of command, as well as the best way to get that accomplished. Speaks in a clear and credible manner, selecting the right tone for the situation and audience. Listen to others and allow them to make their point. Be respectful to feedback and respond accordingly.

## Qualifications:

- Years of Experience: 2
- Education: Bachelor's Degree
- Certification/Licenses: Must be BOC certified and possess Wyoming Athletic Training licensure Basic Life Support (BLS) for Healthcare Providers

## Knowledge, Skills and Abilities

Applied Knowledge: Athletic trainers must have knowledge about a large range of medical problems. Assessment and evaluation skills and working with other healthcare professionals will be needed.

Decision-Making Skills: Ability to think critically and make independent decisions regarding the assessment, treatment, rehabilitation, and return to play decisions per state licensure guidelines.

Attention to Detail: Should be thorough and detailed with injury tracking and documentation.

Interpersonal Skills: Ability to communicate effectively in high stress/pressure situation when talking to patients, medical professionals, staff, and families.

Must have strong oral communication skills (reading, writing, speaking, and comprehension).

Must have the ability to organize, prioritize, and perform multiple tasks with little or no supervision.

## Specific Duties

Provide athletic training services including:

- Onsite care and management of injuries and illnesses including: prevention, evaluation, management and rehabilitation.
- Assess risk of injury, perform ergonomic evaluation and coaching, self-care implementation and overall wellness promotion.
- Documentation of all athlete encounters.
- Coordinate and implement injury prevention programs and customized preventative strategies and programs to each athlete.
- Minimize risk of injury through awareness, education and prevention strategies.

- Provide accommodation recommendations, related to sport, for student athletes with restrictions or limitations.
- Communicate with physicians and coaching staff regarding the injury status of athletes.
- Carry out medical care for assigned student-athletes per the sports medicine standard operating procedures.
- Competition Coverage within the school district as schedule allows.
- Attend Ortho Clinics with PBJC surgeons.
- Be available for Athletic Training duties at direction of and under supervision of Premier Bone and Joint Centers Physical Therapy Director.
- Be available to travel to weekend events as PBJC representative.
- Complete special projects as assigned.

## **Working Conditions**

*The fast paced nature of this position may lead to increased levels of personal stress and demand high mental acuity.*

## **Environmental Hazards**

Work environment contains rehabilitation equipment that may pose a danger if operated improperly.

## **Physical Hazards:**

Physical harm is possible when performing physical requirements, as listed above. Exposure to communicable disease, bodily fluids, and/or toxic substances is possible and can be physically harmful.

## **Unique Work Schedule/Travel**

May be required to work after hours, on weekends, or holidays.

## **Employee Statement of Understanding**

*I have read and understand the job description for my position. I am able to perform all of the essential functions of this position.*

*I agree to comply with the corporate compliance policy and all laws, rules, regulations and standards of conduct related to my position. As an employee, I understand my duty to report any suspected violations of the law or the standards of conduct to my immediate supervisor.*

*As an employee, I will strive to uphold the mission and vision of the organization. All employees are required to adhere to the values in all their interactions with patients, customers, and fellow employees.*

**Note: This description is intended to describe the general job duties and employment requirements for adequate job performance, and should not be interpreted as an exhaustive report. Additional duties and responsibilities may be assigned at the discretion of the employees' supervisor.**